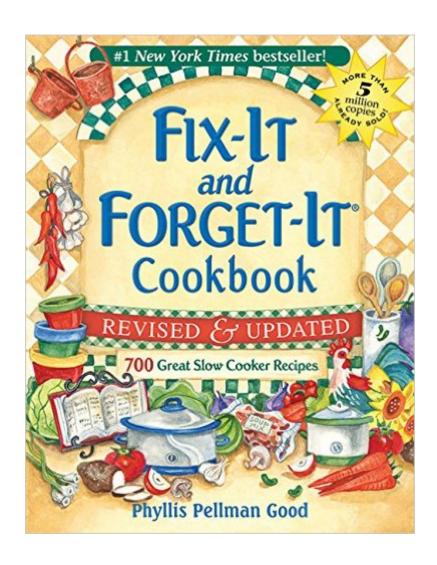
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# Fix-It And Forget-It Revised And Updated: 700 Great Slow Cooker Recipes





# **Synopsis**

didnâ TMt want to spoil it! We have only added a few enhancements to this original cookbook in the wildly claimed Fix-It and Forget-It cookbook series:1. Brand New: 100 new recipes for slow cookers.2. Brand New: "Prep Time, a • "Cooking Time, a • and "Ideal Slow-Cooker Sizeâ • are included for each recipe.3. Brand New: 4 pages of basic and very helpful "Extra Informationâ •: " Substitute Ingredients for When Youâ ™re in a Pinchâ • " Equivalent Measurementsâ •"Kitchen Tools and Equipment You May Have Overlookedâ •" Assumptions about Ingredients in Fix-It and Forget-It Cookbook, Revised and Updatedâ •4. Brand New: 1 page of " Tips for Using Your Slow Cooker: a Friendly, Year-Round Appliance.â •5. Brand New: Additional tips and tricks for making the most of your slow cooker, spread throughout the book.6. Brand New: A second color—a rich purple—for recipe titles, contributorsâ ™ names and addresses, the words "Tipâ • and " Variation, a • and the numbered instruction steps. 7. Brand New: The drawings on the opening pages of chapters and the spot illustrations throughout.8. Brand New: 1 page of tip-in color, right inside the front cover.9. Brand New: 2 pages of review excerpts to position the original bookâ ™s success, immediately following the tip-in page of color.10. Revised: An improved Index!11. Revised: A personal Introduction to the book by author Phyllis Pellman Good.12. Revised: Goodâ ™s personal comments and voice throughout the recipes. Weâ ™ve learned a lot since the original Fix-It and Forget-It Cookbook first quietly appeared. Now you can benefit with this new edition of the beloved favorite! Fix-It and Forget-It Cookbook REVISED and UPDATEDSkyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. Weâ ™ve been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

A New York Times Best Seller! The book has already sold more than 5 million copies, so we

## **Book Information**

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**Appliances** 

### Customer Reviews

Yes, crock pots, once considered a kind of quaint relic of the seventies, are making a comeback. And why not? The basic idea is that you take a bunch of ingredients, throw them into the crock pot in the morning, and by dinnertime, voila--you have something hot, fragrant, and tasty. And what's more, a lot of the foods cooked this way taste even better as leftovers. The strength of this cookbook is in the sheer volume of recipes provided, and in their overall simplicity. These truly are "fix it and forget it" types of dishes, including a lot of soups, chiles, and simple stews. Surely out of the 800+ recipes here anyone who purchases this book will find enough winners to make it a worthwhile buy. Potential buyers should be forewarned, however, that this is by no means \*haute cuisine\*. Lots of the recipes include generous glops of canned creamed soups, dry soup mixes, canned vegetables, "American" cheese, and other gastronomical abominations. The point is, however, that there are so many recipes included that it's easy to skip over those and go on to ones that appear more promising. The bottom line is that during the short time that I have owned this book, it has proven itself incredibly valuable and useful. My wife and my family are very glad that I picked it up, and that I brought the ol' crock pot out of its previously semi-retired state.

We hate to cook, but restaurants, take-out and frozen foods have lost their appeal for my husband and me in our last 6 years as empty-nesters. Our new larger crock-pot and THIS book have been the answer! Since the larger cookers are far superior to their ancestors of the 70's, we were looking for interesting recipes that stretched beyond the lentil soup recipes of the older crock-pot cookbooks. On the other hand, we didn't want to have to make a special trip to the international market for exotic ingredients each time either. Lemon roasted chicken, beef burgundy, and the

tenderest ribs ever are just a few of the great meals we've had from this collection. While some of the old crock-pot stand-bys are included: baked beans, chili, lentil soup, and one pot meals made with cream of mushroom soup and cheese, there are many newer and creative recipes that serve their purpose - easy to prepare with common home kitchen ingredients, ready when you get home for dinner, and delicious.

I bought this book and I am not sure I would again. There are about 800 recipes in the book. There are 4 major drawbacks to this book. First -- A vast number of them do contain a LOT of cheese and fats (1 to 3 cups per recipe) and preprepared soups and soup mixes. Definitely not the healthy meals I try to prepare. Second -- There are multiple variations of the same recipe. How many times can you vary beef stew and beef vegetable soup and still call it a different recipe? This book does it about 50 times. Third -- the table of contents isn't detailed enough. You have to sift through 200 main dish recipes at a time. It would have been nice if there was some grouping such as 'beef main dishes, chicken main dishes, vegetarian main dises' etc. Fouth -- It could use a better overview section on the principles of slow cooking to cover such things as safety, keeping the crockpot at least 1/2 full, etc. Having said that I did go through and highlight the recipes that I would cook -- reasonble in fat and salt content. I found that there were only about 10% (excluding the repetitive ones) that I would use. Because of the 800 recipes to start with this still leaves me about 80. I tend to think of the value of a cookbook in how many recipes I get for the value. So this one ended up being 80 recipes for the cost of the book. That's not unreasonable.

I've compared this cookbook with Betty Crocker, Sunset, Hoffman, etc. In my opinion, it beats all of them. Fix It and Forget it is a collection of recipes from people all over the country. There are twenty different chili recipes to choose from, as well as appetizers, desserts, main dishes, and soups. The book is divided in these categories, listing several recipes per page. Each recipe is very simple to follow. So far, I've tried the Saucy Pork Chops and the Creamy Chicken Italiano. The pork chops were excellent, and I'm not a big pork lover. The Chicken Italiano was a step up from the Chicken Helper you can get in the supermarket. If I make this again, I'd put more spices in it. If you don't like a lot of spice in your food, then you'll enjoy this dish. I'd recommend this book to anyone who has a crock pot and anyone who doesn't. Some of these recipes, like the pork chops, you can cook on the stovetop. There's something for everyone in this book.

If you run as short on energy and time during the run of a day as I do, you will not want to be without

this terrific book. Who ever thought meal preparation could be so simple for those of us who put in a full day at the office. The title says it all: "Fix It and Forget It" Forget the microwave section of your favourite supermarket and pass by the fast food outlets on the way home - too much of that will eventually play havoc with your health anyway. It takes just a few minutes each morning, when we do have the energy, to peel a few veggies, cut up a portion of meat if that is to your liking, toss it in the slow cooker with a dash of this and a dab of that and...voila, your meal will be waiting for you at the end of the day. The recipes are terrific in this book, particularly the stews and soups, and the flavourful goodness that comes out of the pot is out of this world! Buy the book; it's a real time saver.

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